



ATHEROSCLEROSIS SOCIETY
OF NORTHERN GREECE

**17th PANHELLENIC
CONGRESS OF
ATHEROSCLEROSIS**

6 - 8 OCTOBER 2022

CHANIA, CRETE

SANTA MARINA HOTEL

UNDER THE AUSPICES OF THE EUROPEAN ATHEROSCLEROSIS SOCIETY **EAS**





PP-XAR-GR-0461-1
02.2022



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ORGANIZING COMMITTEE

Chr. Papadopoulos, MD, PhD, FESC

D. Skoutas, MD, PhD

D. Zioutas, MD, PhD, FESC

K. Papadopoulou, MD, PhD

I. Efthimiadis, MD, PhD, FESC

C. Karkos, MD, PhD

G. Giannakoulas, MD, PhD, FESC

M. Doumas, MD, PhD

K. Baltoumas, MD

G. Dimitriadis, MD, MSc

K. Bakogiannis, MD, PhD

A. Paganas, MD, PhD

S. Maragkoudakis, MD, PhD

M. Marketou, MD, PhD

A. Boulmpou, MD

With the Scientific Collaboration of:

- **European Atherosclerosis Society**
- **Hellenic Association of Vascular & Endovascular Surgery**
- **Hellenic Society of Lipidology, Atherosclerosis and Vascular Disease**
- **Hellenic Obesity Society**



SCIENTIFIC PROGRAM | Thursday 6 October 2022

16:00 - 18:00

Oral Presentations

18:00 - 19:30

Residents Round Table

Cases

Moderators: **C. Chatzieleftheriou, M. Sotiriadou**

Presentation of an interesting case

M. Sideras

New-onset Atrial Flutter in Covid-19 Infection and Post Covid
Cardiomyopathy in an 27 year old patient: a case report

C. Tsantekidou

Subacute stent thrombosis

E. Kampanieris

Severe hypertrophy in an 82 years old patient with HFpEF

G. Zormpas

19:30 - 20:00

Lecture - Hellenic Obesity Society Joint Session

Moderator: **A. Efthimiadis**

Obesity and Diabetes

Ch. Galanakis

20:00 - 21:30

Round Table

Challenges in the Antithrombotic Treatment of Patients

Moderators: **K. Kafkala, G. Diakakis**

Which patient to extend antithrombotic treatment

K. Grammatikopoulos

Which patient of high hemorrhagic risk to discontinue early DAPT?
What are the options?

M. Stratiniaki

The role of aspirine in primary prevention of diabetic patients' pearls
and pitfalls

Ch. Galanakis



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SCIENTIFIC PROGRAM | Friday 07 October 2022

09:30 - 11:00

Lectures - ELIA Joint Session

Moderators: **K. Baltoumas, C. Michalakeas**

Polution and CVD

M. Papamichael

NAFLD and CVD

Em. Sinakos

Lifestyle and CVD. What is new?

S. Papastefanou

Cigarette substitutes

C. Michalakeas

11:00 - 12:15

Round Table

Primary Care

Moderators: **A. Antoniadis, N. Papadopoulos**

Dyslipidaemia Cases Discussion

E. Chovarda

Diabetes Cases Discussion

A. Paganas

Heart Failure Cases

A. Tzanakari

12:15 - 12:45

Lecture

Moderator: **C. Papadopoulos**

Antiplatelet therapy for management and prevention of
atherothrombosis: An Update

R. Storey



SCIENTIFIC PROGRAM | Friday 07 October 2022

12:45 - 14:15

Round Table

Diabetes Grand Rounds

Moderators: **D. Skoutas, G. Kourtoglou**

Understanding patient profiles for optimal therapeutic approach after metformin: Which class should we choose?

K. Kazakos vs S. Karras

Patient with multiple cardiovascular risk factors (arterial hypertension, dyslipidemia, smoking, overweight) and newly diagnosis Diabetes Mellitus Type 2 (HbA1c:6,6%) - First Drug Treatment.

A. Kefas vs I. Zografou

Diagnosis of DM type 2 in an obese patient with hypertension. In order to reduce his cardiovascular risk, what should we treat first, obesity or diabetes?

Z. Efstathiadou vs D. Skoutas

14:15 - 16:30

Lunch Break

16:30 - 18:00

Oral Presentations

18:00 - 19:30

Clinical Practice Round Table

Atherosclerosis emergencies

Moderators: **N. Mezilis, D. Zioutas**

“Tricky” ACS. Part I

S. Tzikas

“Tricky” ACS. Part II

F. Economou

ACS and untreated Familial Hypercholesterolemia. A lethal combination
G. Kassimis

ACS due to Left Main dissection
M. Hamilos

Endoscopic mitral valve surgery. Easier and safer?
D. Kamentsidis

Discussants: **N. Papadopoulos, G. Gogas, S. Delioglani, G. Navrozidis, A. Hantas**



SCIENTIFIC PROGRAM | Friday 07 October 2022

19:30 - 20:15

Round Table

Targeting LDL - Novel Therapies

Moderators: **M. Doumas, I. Efthimiadis**

Inclisiran/Bepedoic Acid

G. Dimitriadis

Short interfering RNA therapies - Pelacarsen

A. Boulmpou

20:15 - 21:30

Round Table

Cardiovascular Imaging Working Group

Moderators: **A. Patrianakos, P. Nihoyannopoulos**

Mitral regurgitation assessment through multimodality imaging

D. Klettas

Hypertrophy phenotypes

A. Evangeliou

Putting into reverse: The tale of two cardiomyopathies

E. Pagourelas

4D Evaluation of Mitral Regurgitation

K. Papadopoulos



SCIENTIFIC PROGRAM | Saturday 08 October 2022

09:00 - 09:45

Round Table

Subclinical atherosclerosis

Moderators: **T. Papadopoulos, I. Efthimiadis**

Diagnosis

T. Papadopoulos

Management

D. Dimitriadis

09:45 - 10:30

Round Table

DOACs associated emergencies in clinical practice

Moderators: **N. Mezilis, D. Zioutas**

ENT Case

I. Aidonis

Urology Case

I. Koutsogiannis, N. Koliakos

10:30 - 11:00

Lecture - EAS Joint Session

Moderator: **C. Papadopoulos**

Upfront combination therapy - the only way to effectively be on LDL-C target?

M. Banach

11:00 - 12:00

Round Table - EAS Joint Session

Workshop

Moderators: **M. Marketou, C. Papadopoulos**

Intravascular imaging of coronary atherosclerosis – ready for prime time?

K. Koskinas

Perivascular Fat Imaging for CV risk prediction in clinical practice

C. Antoniades



SCIENTIFIC PROGRAM | Saturday 08 October 2022

12:00 - 13:00	Satellite Symposium sponsored by Novartis
13:00 - 13:30	Round Table Coronary Atherosclerosis - Future Moderators: V. Vassilikos Artificial Intelligence Debate K. Bakogiannis, P. Stafylas
13:30 - 14:00	Satellite Lecture sponsored by WinMedica
14:00 - 16:00	Lunch Break
16:00 - 18:00	Oral Presentations
18:00 - 19:15	Round Table Heart Failure Review Moderators: A. Stavрати, D. Richter Acute HF E. Theofilogiannakos HFpEF S. Maragkoudakis HFmrEF A. Stavрати
19:15 - 20:15	Round Table - Hellenic Association of Vascular & Endovascular Surgery Joint Session "All about vessels: Everything but the heart" Moderators: C. Karkos, N. Fragakis Thoracoabdominal aortic diseases: State of the art imaging A. Kallifatidis Acute aortic syndrome case C. Ioannou



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SCIENTIFIC PROGRAM | Saturday 08 October 2022

Elective abdominal aortic aneurysm case

E. Katsogridakis

Ruptured abdominal aortic aneurysm case

Z. Rancic

Peripheral arterial disease/ Diabetic foot case

N. Kontopodis

Comments & Discussion: **A. Papapetrou, K. Filis**

20:15 - 20:45

Satellite Lecture sponsored by **AstraZeneca**

20:45 - 21:00

EABE Sposored Projects

C. Papadopoulos

Vascular Calcification Markers in Peripheral Arterial Disease:
Are they useful?

N. Kadoglou

The Kardia Project

N. Doulamis

21:00 - 21:30

Ceremony



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SATELLITE SYMPOSIUMS

Saturday 08 October 2022

12:00 - 13:00

Satellite Symposium sponsored by **Novartis**

Moderator: **C. Papadopoulos**

Holistic management of patients with Hyperlipidemia:
Practical application and perspectives

E. Zacharis

RNA technologies: Therapeutic innovation in Hyperlipidemia

M. Doumas

13:30 - 14:00

Satellite Lecture sponsored by **WinMedica**

Moderator: **C. Papadopoulos**

Combination therapy in hypertension. Current practice

N. Kampouridis

20:15 - 20:45

Satellite Lecture sponsored by **AstraZeneca**

Moderator: **C. Papadopoulos**

DELIVERing outcomes in patients with Heart Failure:
The clinical program of Dapagliflozin

E. Theofilogiannakos



FACULTY LIST

I. Aidonis / Surgery Otolaryngologist, Thessaloniki, Greece

C. Antoniades / MD, PhD, FRCP, FESC, British Heart Foundation Chair of Cardiovascular Medicine, Director, Acute Vascular Imaging Centre, Deputy Head, Division of Cardiovascular Medicine, Chair of the British Atherosclerosis Society

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G. Zormpas

ACKNOWLEDGEMENTS

We would like to thank and acknowledge the following companies that supported the 17th Panhellenic Congress of Atherosclerosis.





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